

VIRTUAL INSTITUTE FOR GOOD HEALTH AND WELL-BEING

Well-being and Healthy Ageing - GLADE HALF-DAY CONFERENCE -

31 March 2022 (online)

<https://uaic.webex.com/uaic/j.php?MTID=m8d0cadb81b000ba70095a48ad77161bd>

AGENDA

Please note:

All timetables are Central European Time (CET: Jena, Pavia, Poitiers, Salamanca)

(For Coimbra the conference starts at 8.00 a.m.)

For Iasi and Turku: the conference starts at 10.00)

The conference will be held in a hybrid form.

09:00 – 09:10 AM

Opening remarks:

- Prof. Iulian DAMIAN, Vicerector University of Iași, GLADE Policy Coordinator
- Prof. Daniela ȘOITU, University of Iași, EC2U WP4 Leader, GLADE Scientific Coordinator

09:10 – 10:00 AM

GLADE - Healthy Campus

- Prof. Ruediger Trimpop (University of Jena)

Gratitude and Wellbeing in University Students

- Prof. Cornelia MĂIREAN (University of Iași)
- Prof. Maria Nicoleta Turluc (University of Iași)
- Dr. Diana Arghire (University of Iași)

GLADE Service for a Healthy Campus management – Open Debate

10:00 – 11:20 AM

Well-being and Healthy Ageing

- Prof. Daniela ȘOITU (University of Iași)

Who gets injured at home? Evidence from older people in France

- Prof. Greivis BUITRAGO GAMEZ (University of Poitiers)
- Prof. Liliane BONNAL (University of Poitiers)
- Prof. Pascal FAVARD (University of Tours)
- Prof. Cornel OROS (University of Poitiers)

Home Care: Formal Vs Informal and Personal Vs Domestic

- Prof. Liliane BONNAL (University of Poitiers)
- Prof. Pascal FAVARD (University of Tours)
- PhD stud. Thomas MAURICE (University of Poitiers)

Innovative perspectives of physical exercises in osteoporosis prophylaxis as a strategic component of active ageing concept

- Prof. Iulian Dumitru (University of Iași)
- Prof. Beatrice ABALASEI (University of Iași)
- Assoc. prof. Cristina MORARU (University of Iași)

Machine learning uncovers the 50 most important predictors of well-being in sample of 37992 Europeans aged 50+

- Prof. Germano VERA CRUZ (University of Picardie Jules Verne)
- PhD stud. Thomas Maurice (University of Poitiers)

11:30 – 12:30 PM

Presentation of GLADE Virtual Institute and the LIFELINE master programme

- Prof. Daniela ȘOITU (University of Iași)
- Erasmus mobilities for the students of the Lifeline master programme

- Mrs. Petronela SPIRIDON-URSU (University of Iași)

EC2U communication channels

- Ms. Ana-Maria OPRIA (University of Iași)

VIVID GLADE Virtual Institute - Open Debate

12:30 – 13:00

Break

13:00 – 13:45

Actions that can strengthen students' well-being (GLADE Workshop)

- Prof. Daniela MUNTELE (University of Iași)

13:45 – 14:00

Final remarks:

- Prof. Daniela ȘOITU (University of Iași)