



Bed, MA

טל: 054 4299167
dshafrir@bezeqint.net

Certified as couples and family therapist and supervision. Certified as Sex therapist and supervision from AASECT.

For the last 8 years I have been managing a center for sexual and rehabilitation treatments for special population, couples, individual and victims of sexual abuse. Facilitator and trainer of teams, and instruct workshops to the tenants. The center takes care of the central and southern part of the country. The center belongs to "Leorch Haderch" company which serve the entire country.

I used to be a family therapist for a boarding school "Bnei Arazim" for families with problems with complex issues. I gained a lot of experience with families with children with special needs. As a school counselor in the regular education system and the special education part, I acquired a lot of experience in multi-disciplinary work and have many years of familiarity with the education system. I gained experience in training teachers on adolescence, family coping with an exceptional child, restoring parental authority, setting limits.

I have gained experience in short-term treatments as well as long-term treatments.

During my studies of couple and family therapy I have managed an Internet WEB forum for parents with young children.

As a therapist I believe in a positive attitude and optimistic views. Every person has strengths and from every crisis one can grow through changing perspective on the "family", the "situation" and the "myself." Also, I believe in multi-disciplinary work which can bring good results, stability and occasionally fast results.

Education:

1998-2001 BEd degree – in Special Education at "Achva" college, with distinction.

2002-2008 MA degree- Educational Counseling at Bar Ilan-University, cum laude.

2018- Doctoral study in Alexandru Ioan Cuza" University of Iași, Romania.

2008- 2006 Studies of counseling couple and family at Telem.

2010-2012 Studies of Sex Therapy at Bar-Ilan University.

2012-2013 Studies of therapy for sexual abuse victims.

Work Experince:

2013, Sexual and couple therapist at the "L'orech Haderech" in Beer-Sheva.

2011-2013, Sexual and couple therapist at the "Lehud veByahad" in Rehovot.

- Individual, couple and family therapy for sexual dysfunction.
- Group workshops on social sexual issues.
- Staff workshops on social sexual issues.
- Parents and staff training on sexual social issues.

Family Consultant in "Arazim" Rishon-LeZion.

- Work with families coping with a special needs child.
- Parental guidance for parents of children with severe behavioral problems.
- Work on cooperation between parents in the family cell vs. children.
- Systemic work with the officials work with the child.

2008-2012, An educational consultant in special education school for autism, "Lotem" in Rehovot.

- Support work with the staff and the team: teachers, therapists, assistants and parents.
- Parental guidance.
- Work with external bodies such as: welfare, psychiatrists, therapists, counselors.
- Development of an annual school training program.

2007 , Educational consultant in a Middle school, "Rabin" in Gan Yavne.

- Custom parental guidance for parents to adolescence and development of workshop for parental guidance.
- Training, guidance and teaching life skills program for adolescence.
- Work with special education classes which combined children with with learning disabilities and children with emotional and behavioral problems.
- Build prevention in classroom level, multi-class level and whole school level as required.
- Work with out-of-school bodies.
- Run a program of adjustment to the transition to the high school.
- Construct and operate of workshops on topics such as test anxiety, youth at risk, dealing with a wounded comrade All this in cooperation with the school psychologist.

2006, Consultant in Primary school, "Sarid" in Rehovot.

- Parental guidance, building prevention programs in the classrooms.
- Build and teach program about "death in the family".
- Run a program about difficulties during the transition from the primary school to the middle school. The program contains workshops for parents and students with an emphasis on communication between parents and their children and vice versa.
- Work with three special education classes, support the staff, and teaching life skills program.

2002 to 2005, Pines primary school, teacher for special education.

- Teaching students with special needs.
- Building personal programs with the staff and adjusting teaching methods for the student.

2001 Teacher of a PDD class at a Renanin special school in Rehovot

- Constructing a program of a multi-sensory teaching.
- Building personal programs for students for the enrichment and improvement of communication

Military service:

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